



May 2022

Dear Neighbor:

The 45th Annual Western Springs Tower Trot will be run on **Saturday, May 28th, 2022**. (Back to the regular, Saturday of Memorial Day Weekend, date)

On that morning, we will hold a 5K race which will be located completely in Old Town and a 10K race, the bulk of which will be in Old Town, but a portion of which will be in Field Park. We are notifying you at this time because runners will be going by your home that morning and there will be some disruption of traffic either directly on your street or on nearby streets. For safety reasons, we would like to eliminate as much automobile traffic as possible, while the race is being conducted. In addition, no parking will be permitted on the race route that morning. Our volunteer Course Marshals will be at intersections to keep the race safe for everyone.

Below is a table of approximate times runners will be the race course by mile marker. If you refer to the map on the back of this letter, you should be able to roughly determine when the bulk of runners will be very close to your home. The 10K race begins at 8:30 in the morning and the bulk of the runners will complete that event in 75 minutes. The 5K race will begin at 9:30 a.m. and the bulk of runners will complete that race in 35 minutes. **In summary, the worst time to plan to travel through Old Town in a car will be between 8:30 a.m. and 10:00 a.m. on race day.** If you do need your car during these periods, we suggest that you park it somewhere outside of the course loop earlier in the morning, so as to not find yourself precluded from traveling freely.

10K (8:30 start) Fastest Runner / Slowest			5K (9:30 start) Fastest Runner / Slowest		
Mile	1	8:35 / 8:42	Mile	1	9:35 / 9:42
	2	8:40 / 8:54		2	9:40 / 9:54
	3	8:45 / 9:06		3	9:45 / 10:06
	4	8:50 / 9:18			
	5	8:55 / 9:30			
	6	9:00 / 9:42			

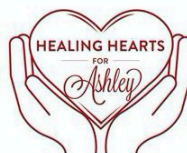
We will also be asking residents not to park on the following streets during the race. No parking signs will be put out prior to the race:

- Lawn from Oak to Chestnut
- Grand from Maple to Walnut
- Maple from Woodland to Wolf
- Hillgrove from Lawn to Harvey

Additional information on the race can be found at <https://wsprings.com/towertrot> or contact abriedis@wsprings.com or call (708) 246-9070 with any additional questions.

We are sorry for the inconvenience and thank you again for your understanding, cooperation and support. Thank you!!!

Tower Trot Team



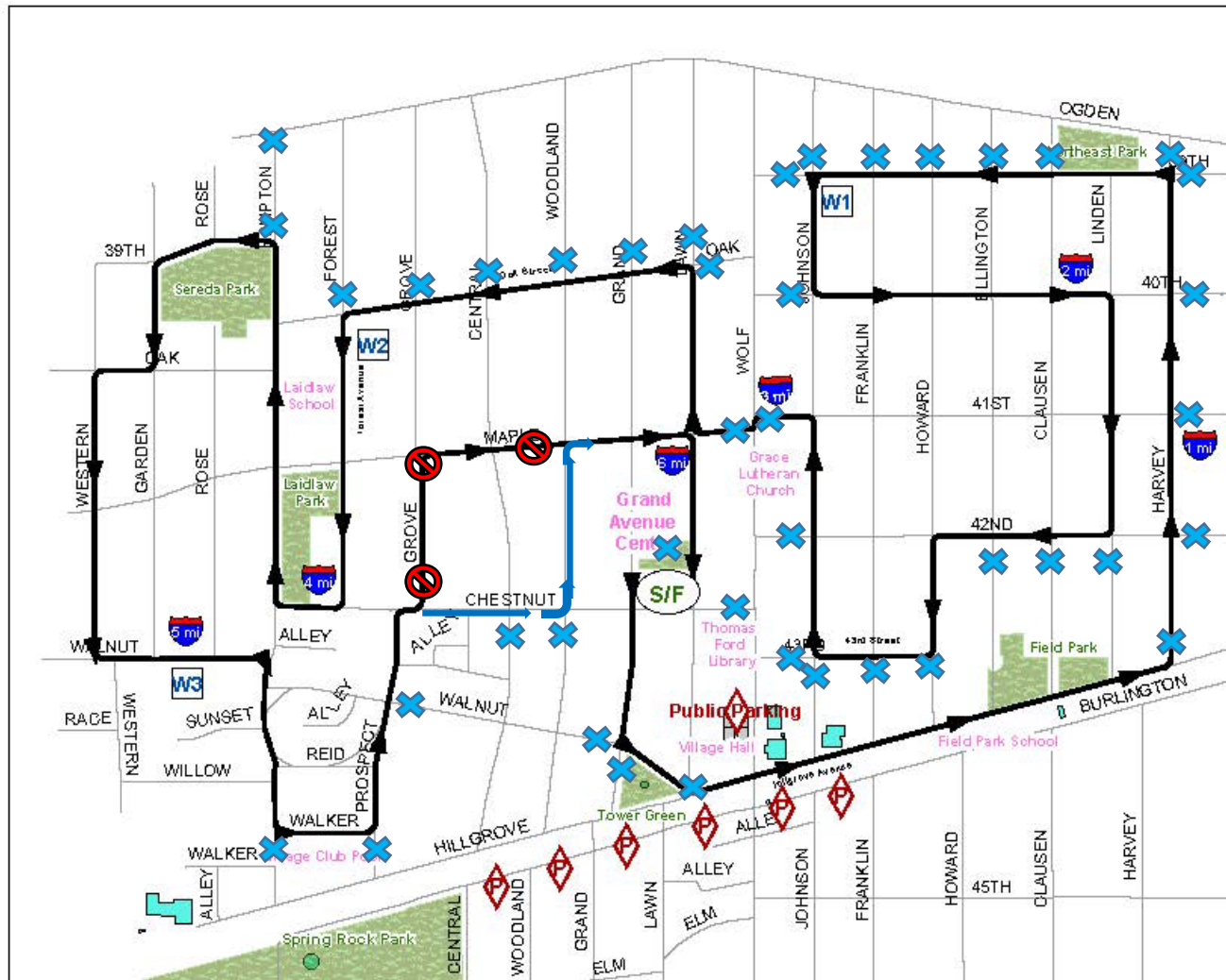
Western Springs Tower Trot

10K Course IL-18013-WR

8:30 AM

2022 barricade locations

Race Day Registration
at Grand Avenue
Community Center at
4211 Grand Avenue
& Chestnut Street



Legend

-  - Water
-  - Parking
-  - Mile Marker
-  - Start/Finish
-  - Follow Blue Arrows

Water Stations

- 1.7 Miles
- 3.7 Miles
- 5.0 Miles



Western Springs Tower Trot

5K Course IL-18012-WR

9:30 AM

Race Day Registration
at Grand Avenue
Community Center at
4211 Grand Avenue
& Chestnut Street



Legend

- Water
- Parking
- Mile Maker
- Start/Finish
- Follow White Arrows

Water Stations

1.0 Miles
2.2 Miles

0 150 300 600 900 1,200
Feet

